

Coronavirus (COVID-19) is a new virus that has caused a global pandemic. It is highly contagious and can spread from person to person, animal to animal, and from animals to humans. The virus is believed to have originated in a wet market in Wuhan, China, where people were selling live animals. The virus is thought to have jumped from an animal to a human, and then spread to other humans. The virus is highly contagious and can spread from person to person, animal to animal, and from animals to humans. The virus is believed to have originated in a wet market in Wuhan, China, where people were selling live animals. The virus is thought to have jumped from an animal to a human, and then spread to other humans.

References

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Diagnosis of acute rheumatic fever (ARF) is based on the presence of major and minor criteria. The Jones criteria are used for diagnosis.

Major criteria (major criteria):
1. Migrating polyarthritides.
2. Subcutaneous nodules.
3. Erythema marginatum.

Minor criteria (minor criteria):
1. Mono or polyarthralgia.
2. Prolong PR interval in ECG.
3. High ESR.
4. High CRP.
5. Culture positive of group A streptococcus.
6. High ASO titer.

Diagnosis of ARF: The presence of two major criteria or one major and two minor criteria is sufficient for diagnosis.

What is the treatment?

Management of ARF:

1. Penicillin: Inj Benzyl penicillin 1.2 million units deep IM stat or Tab Penoxymethyl penicillin 250 mg 6 hourly for 10 days.
2. Anti-inflammatory: Aspirin or NSAIDs, followed by corticosteroids if needed.

Over-treatment is better than under-treatment!

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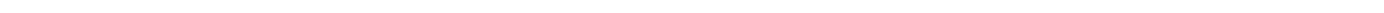
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糖化血紅蛋白 (HbA1C) 是糖尿病診斷和評估的重要指標。它反映了過去幾個月的平均血糖水平。HbA1C 的測量結果可以幫助醫生了解您的血糖控制情況，並根據需要調整您的治療方案。HbA1C 的測量結果通常以百分比表示，例如 5.7% 到 6.4% 表示糖尿病前期，6.5% 及以上表示糖尿病。

如何測量 HbA1C？

HbA1C 的測量通常通過血液樣本進行。醫生或實驗室技術人員會抽取您的血液，並將其放入含有特殊化學試劑的儀器中。儀器會測量血液中的糖化血紅蛋白含量，並將其轉換為百分比。BMI 計算器是一個簡單的工具，可以用來計算您的身體質量指數 (BMI)。BMI 是體重 (公斤) 除以身高 (米) 的平方。BMI 計算器可以幫助您了解自己的體重是否健康，並提供相應的建議。

如何計算 BMI？

BMI 的計算公式為：BMI = 體重 (公斤) / 身高 (米) 的平方。例如，如果您體重 70 公斤，身高 1.75 米，那麼您的 BMI 為 22.2。BMI 的測量結果可以幫助您了解自己的體重是否健康。BMI 的測量結果通常分為以下幾類：BMI < 18.5 表示體重過輕，18.5 到 24.9 表示體重正常，25.0 到 29.9 表示體重過重，30.0 及以上表示肥胖。BMI 的測量結果還可以幫助醫生了解您的健康狀況，並提供相應的建議。

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